

Young people who used Nightstop said...



When I found myself homeless felt **worried** about what was next and **lonely** because I didn't feel there was any help for me. I felt **relieved** when I found out about Nightstop as there is help out there for young homeless people. When I

first arrived at my host's they made me feel **welcome**, they helped me with what I needed if it was possible and just reassured me really. My experience with Nightstop was very **helpful** and **reassuring** as they made me believe everything would be ok and everything turned out to be great.

I felt like I couldn't do anything when I became homeless. When I heard of Nightstop I felt **happier** knowing I could start everything from scratch. I was **worried** staying my first night, it was **weird** for me at first



because of new surroundings and new people but I felt like I was **treated with care** and it made me feel at **home**. I look back now and I've **achieved** so much didn't think I could do it until I put myself to it via Nightstop.

Community First New Forest

...building relationships, enabling action!

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Community First New Forest



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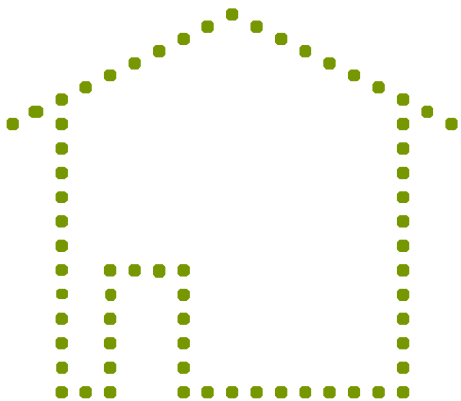


What we do...

Nightstop is a local service with a team of friendly households all around the New Forest providing emergency accommodation for 1 - 5 nights to young people.

scared **shy** **small** **lonely** **angry** **confused** **alone** **hurt** **unsure** **worried** **overwhelmed** **nervous**

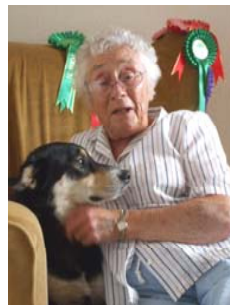
You may feel some of the things that are written above. We understand that it's a really **difficult** time for you and we want to tell you a bit about what we do, who we are and to **help you** feel you have some people on your side supporting you through this time.



Some of us are...



Joel and Wendy and their son **John** (18) live in a friendly house in New Milton with a **lovely dog** called Max and cat called Kitty. Their house is only a short walk from the town centre and train station. Joel and Wendy used to work abroad **helping young people**. They were also **foster carers** for two years.



Margaret is a very kind, fun retired lady living in a **cosy house** with log fires in the winter. She lives in **Sway** not far from New Milton and

Brockenhurst & about 5 minutes walk from the **train station**. Margaret does a lot of home baking so you will probably get nice things like **cakes**. Everyone loves her gentle dog called Muffin.

Jude lives with her daughter, **Millie** (17) and Mogli their cat. Their house is modern, relaxing and the spare room has a **double bed!** You can chill in your space or play **Xbox** and watch movies downstairs. They live in **Ringwood** about 15 minutes walk from the town centre and on a **main bus route**. Jude was also homeless at 16 and now works for Nightstop.



Nightstop provides...

- A safe, supportive environment
- Free bed, meals, bath and laundry
- Volunteer drivers to get you there
- Support Volunteers to help with advice, appointments and benefits
- Signposting to other local agencies for advice on housing, jobs, education and health