

**Community First New Forest**

# Newsletter



**Summer 2014**

....building relationships, enabling action

# Community First New Forest Supporting the Voluntary and Community Sector

## Some examples of how we could help you...

- Support with identifying and applying for funds
- Information and guidance on setting up groups
- Help with finding volunteers
- Supporting you with more complex issues, such as constitutions, becoming a registered charity
- Training on a wide range of issues
- Linking you to other services which can provide additional support
- Promoting your activities through our quarterly newsletter
- Organising Disclosure & Barring Service checks

## As a member...

As a member of Community First New Forest you are entitled to hire mini-buses from our Community Transport team, have access to qualified mini-bus training, receive our Quarterly newspaper full of useful updates and information and have access to our other resources / equipment.

Full details are available on request.

## Enquiries...

**Tel.** 01425 482773

**Fax.** 01425 482666

**Email.** [admin@cfnf.org.uk](mailto:admin@cfnf.org.uk)



[www.facebook/Community-First-New-Forest](https://www.facebook.com/Community-First-New-Forest)



[@CFNF2](https://twitter.com/CFNF2)

# Contents

## Members

We extend a warm welcome to the following groups who have become members in the last few months:

- The Rose Road Association
- Parentlink
- Parkinsons UK New Forest
- Beaulieu Village Hall Trust
- Lyndhurst Parish Council
- Wilson Court Friendly Society
- Forest Oaks

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The Autumn issue of the newsletter will be distributed on 24 Sept.

Editor: Jacqui Pitcher  
Tel. 01425 482773 Fax. 01425 482666  
email: [admin@cfnf.org.uk](mailto:admin@cfnf.org.uk)

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**Disclaimer** - Community First New Forest reserves the right to edit articles for use in its newsletter. Articles included in this issue are not necessarily the views of Community First New Forest.

## Community First New Forest: Young Carers Service



Our Young Carers Service says a sad farewell to our Support Worker Tanya Brierley who is moving on to a fresh challenge in London in June.

Young Carers Coordinator Marie Shotbolt said “Tanya has been amazing in the time she has been here.

Her enthusiasm, commitment and bubbly personality have won over everyone she meets and she has really helped us reach and support more Young Carers.”

“We’re really sorry to see her go but as she is starting a new Young Carer service, we know we’ll still stay in touch. And we’re really pleased that Sue Ward who runs the Community First New Forest Wheels to Work scheme has agreed to take over some of Tanya’s projects.”

The Young Carers Service currently works with almost 200 Young Carers and their families across the New Forest providing support, advice and activities.

For more information please contact Marie on 01425 482773 or visit the Community First website [www.cfnf.org.uk](http://www.cfnf.org.uk). You can also find us , and like us, on Facebook – New Forest Young Carers, and follow us on Twitter - @NF\_Youngcarers

## Free Home Fire Safety Check



**HAMPSHIRE  
FIRE AND  
RESCUE  
SERVICE**

### **Do you know someone who could benefit from a free fire safety check?**

Home Fire Risk Assessments or a Home Fire Safety Check can sound daunting to many people, especially the elderly.

Hampshire Fire and Rescue Service will visit your home, at a time convenient to yourself, and carry out an inspection of your home. The visit may be carried out by firefighters who are operational, so don't be surprised if a fire engine arrives at your home, or a dedicated team from the local Fire and Rescue Service. You do however need to be aware that a fire engine can be called away at a moment's notice as it is still part of operational resources within your area. They will of course call back, or arrange another date if needed.

As mentioned above, the Home Fire Risk Assessment visits are carried out by operational crews, they are completely free and you may be eligible for free smoke alarms to be fitted where required. You will not be sold anything.

The visits focus on three key areas:

- Identify and be aware of the potential fire risks within your home
- Know what to do in order to reduce or prevent these risks
- Put together an escape plan in case a fire does break out and ensure you have working smoke alarms

The inspection of your home is not as intrusive as it sounds. They will visit your home, sit down and talk to you about fire safety issues in your home covering areas such as electrical safety, smoking safety and the use of electric blankets. They will then, with your permission look at the various rooms within your home paying particular attention to areas such as overloaded plug sockets or wires trapped under carpets. They will also ensure that doors shut correctly and advise you of any remedial work that they feel may be in order for you to become safer within your home.

You are welcome to ask any questions that you feel you need answering in respect of your home safety. They will also run through an escape plan if you do not already have one.

In addition to the above, you may qualify for free smoke alarms to be fitted within your home. They will carry this out completely free of charge and can fit them in a matter of minutes, ensuring you are safer from the moment they leave.

Your local Fire and Rescue Service regularly advertise Home Fire Risk Assessments through the media, but you can book one direct by contacting your local Fire and Rescue Service. You may also make enquiries on behalf of another person – however unless you are responsible for that person, you will need to obtain their permission before you proceed Tel. 023 8064 4000 to make an appointment.

## **An open call for ideas for new Cabinet Office fund**

In May, the Cabinet Office unveiled a consultation for a “new fund to support the sustainability of the voluntary, community and social enterprise sector.”

The fund, which is believed to be worth around £40m, will be open for bids from April 2015 and will run for one year. Building on the work of the Transition Fund and Transforming Local Infrastructure Fund, this new source of support will aim to help organisations which are delivering services for vulnerable people adapt to the changing operating landscape and improve their sustainability.

Additional support to the sector in adapting to the tough economic climate is certainly welcome. NCVOs latest UK Civil Society Almanac reported, funding for the sector fell in 2011/12, driven by cuts to public spending and this pressure is only likely to have increased. While the best way for the government to support the sector would be to improve public sector commissioning; funding to enable organisations to plan for the future and take steps to improve their sustainability could have a positive impact if delivered effectively.

### **Who, what, when, where?**

However, there are a number of challenges facing any fund like this and the Cabinet Office’s consultation is framed as an “open call for ideas” from the sector. Here are some of the key questions.

### **Who should the fund support?**

As the fund will be quite small, resources need to be targeted at those organisations that need

it most. Who should be eligible for funding? What parts of the voluntary sector most need help adapting to changing times?

### **What kind of support do charities need?**

The consultation proposes funding to help organisations cut costs, identify new sources of funding, build capacity and analyse future needs. But are there other areas where charities might need support eg. governance?

### **Where is support most needed?**

The fund will be open to organisations across England, but as the consultation document points out, different parts of the country have different needs. How can the fund reflect that and find ways to support organisations in these areas?

### **How does it identify those that need support?**

Charities that are most in need of support are unlikely to have the time or resources to devote to applying for this fund. How does the Cabinet Office make sure that these charities can access the fund? Should local actors such as VCSs, LEs and local councils help identify those that need support?

### **Lots of questions, but what are your views?**

The consultation runs until the 24 July and NCVO will be putting together a response on behalf of members and the voluntary sector to answer these questions, and others. In developing its response NCVO would like to get your views on what kind of support would best support organisations adapt in this changing funding climate. If you would like to help, please email [Andrew.Obrien@ncvo.org.uk](mailto:Andrew.Obrien@ncvo.org.uk). [www.gov.uk/government/consultations/new-fund-to-help-vcse-organisations-become-more-sustainable](http://www.gov.uk/government/consultations/new-fund-to-help-vcse-organisations-become-more-sustainable)

## 'Together We Can'



Are you a voluntary or community group struggling to engage with people and local groups in the community? Community First New Forest has reviewed and updated the Good Practice Guide on just this subject and it is available for anyone to use at [www.cfnf.org.uk](http://www.cfnf.org.uk).

Michael Clowes, Chief Executive of Community First New Forest said: "It's not always easy to effectively engage with diverse groups and communities and we are really delighted to have been one of the partners driving forward the development of the guide. At the heart of community engagement is the development of relationships, open and clear communication, networking, listening and learning to understand the diverse people and places that we are working with."

The New Forest Community Engagement Guide is also available for everyone to view and make full use at [www.newforest.gov.uk/index.cfm?articleid=10610](http://www.newforest.gov.uk/index.cfm?articleid=10610).

For more information please contact Jackie Hartless, Community Development Manager, Tel. 01425 482773 or visit [www.cfnf.org.uk](http://www.cfnf.org.uk).

## News from the Home Support Service

This spring has seen many changes within Home Support, it has recently recruited a number of additional carers; some have worked in this field for a number of years and others are new to the caring environment. They have joined a team who now number 78 and possess a wealth of knowledge and experience between them.

With summer ahead of us and better weather hoped for, more clients are able to get out and about and it now has additional members of staff able to take people out in their cars for a trip to the forest, the beach or to go shopping. It will shortly be launching the re-opening of the Pelican Club in Totton.

Some of you may have come along a couple of years ago when the Club was open on a Monday afternoon and was very well supported (there was even a waiting list of those wishing to join). This time it will be open for the whole day for members to attend from 9.30am-3pm. It will be providing tea, coffee, biscuits, lunch and companionship as well varied activities and occasional outings.

The cost of the day, it is hoped, will be one that those who wish to become members, feel is "money well spent." Members will need to provide their own transport to and from the venue but once there, members of staff will be able to ensure you to have an enjoyable day out.

The Phoenix Club situated in Lyndhurst at Fenwick2 on a Monday afternoon is also happy to welcome new members. For information about either of these clubs Tel. 02380 667080.

Did you know the Home Support Service can help people on a regular or occasional basis? With

# General

14 years experience it can provide a truly flexible service tailored to you.

## Help in the home

Help is available with all or any of the following:

- Personal care/medication administration
- Companionship/support with meals
- Domestic help and/or shopping
- Dog walking
- Whole day/overnight cover following illness or when family or friends are away
- Transport to and from appointments, with a Home Support staff member
- Outings both occasionally and regularly eg. to a garden centre or the other places of interest

The Home Support care workers are fully trained to the highest standard and are Police checked. They receive ongoing support and supervision, thus ensuring they deliver the right service in the way that you wish.

Whenever possible the same person will visit the client so they can get to know one another and hopefully enjoy the time spent together. If a carer is required every day then it will try to keep the number of people visiting the client to a minimum. Please note there is a charge for these services.

For more information call the Home Support Services, Community First New Forest, Tel. 023 8066 7080

## Healthcare Efficiency Through Technology Expo 2014 (HETT)



Free event passes are being offered to key health and care stakeholders from the charity sector to the Healthcare Efficiency Through Technology Expo 2014 (HETT) taking place Wednesday 24 September at Olympia London.

Group registrations are welcome so please feel free to invite any colleagues you feel would benefit from attending. Due to the variety of topics many organisations are sending representatives from a host of different working areas. Places are limited so early booking is advised.

With your free pass you will get access to a high-level conference, five interactive seminar theatres and an exhibition floor featuring over 100 expert technology solution providers. Furthermore, with expert speakers and over 2000 like-minded colleagues it provides the perfect platform to network and examine best practice.

Limited places available – register free online <http://email.hettexpo.co.uk/c/14UxA0o1SmXhASlGw2OGGw4hQ>

## The Family Friendly Fest Freshfields

This two-day family-friendly fest is all about bringing the New Milton community closer together, according to organiser, Lisa Thompson.

With four stages on the Saturday and three on the Sunday, the festival returns with its eclectic mix of music: "We have something for everyone," explains Lisa, "Saturday will be blues, ska and dance, whilst Sunday hosts acoustic and jazz-swing dance."

"Some of the bands include: ten-piece band, The Fliks; Steely Scam, 6 Minutes to Sunrise, Shanty, The Decatonics and Double Barrel," she continues. "There will be a number of food stalls and a fun fair, plus poi spinners, fire acts, stilt walker and graffiti painting for the kids!"

**When:** Saturday 16 and Sunday 17 August 2014

**Where:** New Milton

**Tickets:** Tickets available at [www.cgnf.org.uk](http://www.cgnf.org.uk) and [www.newmiltonfestival.co.uk](http://www.newmiltonfestival.co.uk), £10 for Saturday, £7 Sunday or £15 weekend ticket.

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## First World War Centenary Woods

This August marks the 100th anniversary of the outbreak of the First World War and the start of a four-year period of national remembrance and thanks. The Woodland Trust is honouring all those involved in the Great War by creating thousands of acres of commemorative Centenary Woodland that will stand as a tribute for centuries to come.

The trust is in the process of identifying potential centenary woodland sites across the UK and it



aims to plant millions of trees as a fitting memorial and forward looking legacy - a tribute to our great-grandfathers that our great-grandchildren can enjoy.

With your help it plans to create the first of these Centenary Woods at Langley Vale in Epsom, Surrey - 640 acres of open land which will be transformed into a peaceful, respectful space where people can reflect and wildlife will thrive.

## Be part of this special commemoration project

Look back along most family trees and you'll find relatives who helped the war effort during the First World War. By supporting its Centenary Woods project, you can honour their service in a way that is both a fitting memorial and a lasting tribute, helping create vibrant woodland that's rich with wildlife and will flourish for generations to come.

[www.woodlandtrust.org.uk/donate/centenary-woods](http://www.woodlandtrust.org.uk/donate/centenary-woods)



## Minibus hire



**Would your group enjoy a day out?**

At Community First New Forest, our minibuses are being increasingly hired by voluntary and community groups, schools and care homes wishing to take residents on social and wellbeing trips.

As a member of ours, you are able to hire our wheelchair accessible minibuses.

Buses can be hired for as little as two hours and up to a whole day or longer.

Groups normally provide their own MiDAS trained driver but if this is not possible we may be able to arrange for a volunteer to help, with the group paying for the volunteer's travel expenses.

### MiDAS

It is a requirement that all community minibus drivers hold the MiDAS minibus qualification. We offer both New Driver and Refresher training at a reduced rate for voluntary or charitable organisations. Training normally takes place at New Milton.

### Cost

\*Charges are £1.20 per mile (including fuel) or a day rate hire charge of £65 (plus fuel).

Our minibuses are available from the following locations:

- Brockenhurst
- Marchwood
- New Milton
- Totton
- Fordingbridge

If you need a minibus in a different location, we can identify the nearest available vehicle and either book it for you, or give you the name and number of the person to contact.

Examples of bus hire:

- A nostalgic day trip to the Royal Air Force Museum at Hendon by the RAF veterans from the New Milton branch of RAFA
- A visit by the New Forest Normandy war veterans to the Watercress Line in Hampshire where a re-enactment of World War II took place. They also attended a presentation and garden party at Buckingham Palace
- Blind Veterans club attended a reunion at Beaulieu Road Hotel
- Youth of Burley hired 2 minibuses for a four day trip to the Isle of Wight
- A visit to the Alison MacGregor boat at Hythe Marina by Lady of Mercy & St Joseph church
- Ashley Infant School uses a bus to transport some disadvantaged children to weekly horse riding lessons in Brockenhurst
- A visit to Athelhampton House by Sway Gardening Club

For more information Tel. 01425 482773 or visit [www.cfnf.org.uk](http://www.cfnf.org.uk).

## **The New Forest Local Children's Partnership invites you to its next Partner Event**

Wednesday, 9 July 2014 at Ashurst Education Centre, Lyndhurst Road, Ashurst, , SO40 7AR, Tea/coffee from 9.45am, Start 10am, end Noon

Do you want to....

- Make a difference for children and young people in the district?
- Work together in tackling child poverty and helping the mental health and wellbeing of children and young people?
- Support the development of training that helps to meet the needs of children, young people and families?
- Work together most effectively across all partners?

Join us at the Ashurst Education Centre on 9 July. At this full partnership meeting all sectors and organisations are present to improve the well-being of children and young people in the district. A short and practical session to:

- Hear about the LCP Plan for 2014/2015 and explore how we can work together in delivering the plan
- Have the opportunity to learn about the development of 2 key support booklets – one for families and one for mental health support
- Help shape how we can identify and develop training provision that meets local needs

We hope you will join us – together we can make a difference. To express an interest in attending please email [admin@cfnf.org.uk](mailto:admin@cfnf.org.uk). Parking is limited; please car share if you can.



Hampshire County Council is carrying out a consultation on its household waste recycling centres (HWRCs) and wants your views on the future of the service.

It has been looking at different and innovative options for running the HWRC service, partly as a response to financial pressures. This is your opportunity to shape the HWRC service and to give your views on how any changes can be made to work best for you. The outcomes of this consultation will inform recommendations for the new HWRC management contract from April 2015.

You can respond to the consultation online at: [www.hants.gov.uk/recycling](http://www.hants.gov.uk/recycling) until 22 August 2014.

To request a paper copy, email: [hwrc.consultation@hants.gov.uk](mailto:hwrc.consultation@hants.gov.uk) or call Hantsdirect on 0845 603 5634. Paper copies can also be collected from Hampshire libraries and local district and borough council offices.

If you don't currently use the sites, your views are still welcome, as is any feedback from local businesses, charitable or community organisations and anyone else with an interest in the service. Please take this opportunity to respond to the consultation and to share this information with any other interested parties you may be aware of.

## Walking is the best choice for regular healthy exercise

Community First New Forest has trained volunteer Walk Leaders to lead walks in various places around the New Forest area and is inviting residents of the New Forest, to contact them for information on the location of their nearest led health walk.

Unlike most other forms of exercise walking is free and requires no special equipment or training. Almost everyone is capable of walking and it is safe, low impact, with a low risk of injuries and accidents.

### What do I need?

During winter you will need comfortable casual shoes, hat and gloves and a suitable coat. At all times it is advisable to wear loose fitting clothing allowing free movement.

If you are taking medication then be sure to carry this with you.

### Regular walking will:

- Improve your heart health
- Lower blood pressure and cholesterol levels
- Help maintain a healthy weight
- Build strength in muscles and bones
- Build stamina and give you more energy
- Boost your immune system
- Help you breathe more efficiently
- Aid restful sleep
- Build confidence and mental well-being

## Important Information

- These walks are intended for, and should only be undertaken by persons in basic good health
- If you are in any doubt about whether you are medically fit to undertake any walk, you should contact your doctor before participating
- You are responsible for your own, and any accompanying under 18's safety
- Volunteer Walks Leaders are not trained to provide first aid
- All walkers walk at their own risk

## Walking for Health

We are always keen to have more walk leaders. If you are interested and would like further information, contact the Healthy Walks Administrator, Tel. 07788 558864 or 01425 482773, email [healthywalks@cfnf.org.uk](mailto:healthywalks@cfnf.org.uk) or visit [www.cfnf.org.uk](http://www.cfnf.org.uk).



# Volunteering

## Celebrating volunteering 2014

Community First New Forest Volunteer Centre was delighted to host the New Forest Unsung Hero's volunteer celebration event at Hoburne Bashley, New Milton on the 20 March.

Over 130 people from 28 voluntary organisations came to the Forest Rooms at Hoburne Bashley to celebrate the invaluable work, commitment and dedication that they give to the community.

The afternoon's entertainment was provided by Jazz Pianist Stee Docherty and Hoburne supplied a delightful cream tea.

Councillor Christine Ford, Chairman of New Forest District Council and President of Community First New Forest presented the certificates, after the volunteers had been welcomed by Mr Michael Clowes, Chief Executive of Community First New Forest. Tanya Brierley gave a personal and powerful talk about her experiences, both being a volunteer then helping others to volunteer.

Three volunteers were selected to receive the prestigious New Forest Volunteer of the Year Award. The judging panel had a difficult time in deciding a winner due to many exceptional nominations being submitted.

The volunteers had amassed an amazing 1,969 years of voluntary service between them.

There was a real feeling of celebration about the whole afternoon. It was a great opportunity not only for volunteers to be recognised for the work that they do, but a chance to get together and meet other volunteers from different organisations.

One volunteer commented: 'The afternoon was very enjoyable and humbling.'

The organisations recognised at this event were:

- Age Concern New Forest
- New Forest Disability Information Service
- HOPE New Forest
- Baby Resuscitation
- Family Lives
- Lymington URC Open Doors
- Milford-on-sea League of Friends
- The Minstead Training Project
- Greyfriars Community Centre
- Community First New Forest
- Healthy Walks
- RAE Straton Lunch Club
- RSPB

If you would like to find out more about volunteering, please contact Sarah Suddrey at the Volunteer Centre, Community First New Forest, Tel. 01425 482773 or email [vol.bureau@cfnf.org.uk](mailto:vol.bureau@cfnf.org.uk)



## New Forest Unsung Heroes 2014

It was a really well organised and worthwhile event. Karl, Baby Resuscitation

We are displaying our certificate proudly at the Reptile Centre! – Jeremy

I just wanted to thank you both for a lovely afternoon at Hoburne Bashley yesterday. Your face lights up the room Sarah without you even needing to say anything. Please let Tanya know that her own biography of her life to date was not only inspiring but a true testament to finding the courage to “live the life you love”. Claire, Minstead Training Project

**Volunteers had amassed  
1,969 years of  
voluntary service**

Thank you for organising a lovely event. Terry, Home Start New Forest

**26 different  
organisations**

**136 individuals attended**

Thank you so much. It was such a lovely event and we enjoyed it very much. Maria, Furzey Gardens

**3 volunteers awarded  
the New Forest  
Volunteer of the Year  
Award**

We had a lovely afternoon and really enjoyed our tea and cakes. It was great to see so many volunteers and organisations active within the New Forest. Many thanks for organising it and giving us the opportunity to recognise our volunteers. Lyn, Family Lives Hampshire

# Volunteering

## Be a volunteer ambassador

**Do you like meeting and talking to new people?  
Would you like to provide advice and guidance to others?**

**Then why not become a volunteer ambassador with the New Forest Volunteer Centre.**

Help the volunteer centre, help volunteers!

Our volunteer ambassadors will run an outreach service in locations across the New Forest and offer advice to people about the volunteering opportunities available in their local area. This is a great opportunity that is very flexible to meet your needs; minimum commitment is once a month.

### **You will be:**

- Talking to individuals about volunteering generally and the benefits it brings
- Advising individuals of local opportunities and how they can get involved
- Helping individuals to complete a volunteering application form and advising them of their next steps

### **Skills required:**

- Good communication skills
- Knowledge of the internet and Microsoft Word is helpful but not essential

This is a new and exciting role where you will receive full training and support.

For further details contact Sarah Suddrey, Volunteer Centre Coordinator, Community First New Forest, Tel. 01425 482773, email [vol.bureau@cfnf.org.uk](mailto:vol.bureau@cfnf.org.uk)



## Fundraising technology for your charity - 2 charities each month benefit



Bidtech are giving away free fundraising technology worth £4,000 to 24 charity events this year.

Recent research has shown that the use of technology at charity events delivers an average of 10 times the return of investment for the charity.

Last year Bidtech helped charities raise £17 million, working with well-known organisations such as Battersea Dogs & Cats Home, BBC Children in Need, Elton John AIDS Foundation and Make-A-Wish.

Bidtech has been working with inspiring fundraisers since 2011 and would like to give something back to the charity sector.

Every month, two charities will receive a full event service: Up to 250 Apple iPads; Smart phone bidding capability; payment processing; registration tool; full event support team.

To find out more about how this works visit [www.bidtech.co.uk/bidtech-challenge](http://www.bidtech.co.uk/bidtech-challenge)

## Why do you want funding and what difference will your project make?

Whether you are applying for a small grant to fund a one off group activity, or planning to set up a project to provide facilities for, or deliver services to, the community, you will need to be clear about what the 'outcome' or 'benefit' is of what you are doing.

When funders receive applications, they need to be very clear about what benefits the project or activity will bring to the community. This makes it easy for them to decide whether or not they can fund your project, and increases the chance that your application will be approved.

There is often confusion between what the activities or works carried out by the project are, and what the benefits of the work and activities are to people who use the project. It is important to be clear about how your project or organisation improves people's lives.

Consider the following:

- **INPUTS**- activities you undertake to deliver the services your project will provide
- **OUTPUTS** - are the services your project will provide
- **OUTCOMES** - are the direct difference those services will make to the people or organisations your project will benefit
- **LONG TERM CHANGE** - is the longer term difference to peoples lives that the project will contribute to

# Funding

## The New Forest Trust

Grants are offered to projects which meet one or more of the New Forest Trust charitable objectives:

- Promoting the conservation, protection and improvement of the New Forest
- Promoting the conservation and protection of the commoning livestock, the deer and other flora and fauna of the New Forest
- Promoting the education and understanding of the public in the commoning of livestock, of fauna and flora and the environment of the New Forest

Grants are from £500 to £10,000 and can be for all groups and organisations, as long as the work is not a statutory obligation. Funding can cover more than one financial year.

[www.newforesttrust.org.uk](http://www.newforesttrust.org.uk)

## Barker-Mill Foundation

As a general rule the Barker-Mill Foundation looks to make donations to charities, schools and individuals based in south west Hampshire, or other organisations able to benefit people in this area. Making single donations of up to £5,000, or sometimes more in special cases, the foundation has funded both large and small scale projects for numerous organisations and helped individuals in exceptional circumstances with much needed support.

[www.barkermillfoundation.com](http://www.barkermillfoundation.com)

## Dibden Allotments Fund

The Dibden Allotments Fund operates four grant Programmes all of which may be accessed by people in need, hardship or distress who have lived in the Waterside area for a minimum of 12 months.

Application for a Grant by Individuals:

[Grants to individuals](#) can take many forms, for example it could be vouchers for food, clothes or

furniture, which we would arrange to have delivered directly to you, via a local supplier. Shoe Vouchers Scheme: mainly in the support of children and the elderly, distribution of the vouchers is controlled through schools or organisations involved with the elderly. Garden Support Scheme: In conjunction with a number of local gardeners we manage a scheme designed to assist the elderly and disabled to manage their essential garden work such as grass cutting and hedge trimming, during the growing season of March to November.

Organisations wishing to apply must be operating within the Waterside area and be in support of individuals living within the parishes of Hythe, Dibden, Fawley & Marchwood. Applicants are encouraged to discuss their application with the Clerk to avoid duplication of services and to ensure that the information being presented to the Trustees is both appropriate and complete.

It should be noted that the Charity aims to “pump prime” rather than commit to ongoing support and therefore the fund would not normally provide on going support, for grants of this kind, for periods longer than three years. [www.daf-hythe.org.uk](http://www.daf-hythe.org.uk)

## Ringwood Old People's Welfare Association

An umbrella body bringing together some 20 or so local organisations, whose aims include the welfare of the elderly in the district. Funds are obtained from legacies, donations, etc. and are spent on grants for special initiatives that will enhance the quality of life for our senior citizens. For further information please contact Ann Osborne , Tel. 01425 476327.



# Funding

## **Paul Lunn-Rockliffe Charitable Trust**

Christianity, poverty, infirm people, youth - small grants available.

Correspondent: Mrs J Lunn-Rockliffe

Tel. 01962 852949

4a Barnes Close, Winchester SO23 9QX

## **The Northcott Trust**

General and Health related small funds.

Apply to James Kidgell, Dixon Wilson ,  
22 Chancery Lane, London ,WC2A 1LS

Tel. 020 7680 8100

## **The Vec Acorn Trust**

Underprivileged and deprived young people, particularly in the Hampshire area.

Correspondent: E Heesom, Salmans Manor,  
Grove Rd, Penshurst, Kent TN11 8DX

Tel. 01892 870078

## **Lyndhurst Welfare Charity**

Organisations and individuals in the parish of Lyndhurst.

Correspondent: A Herbert, 59 The Meadows,  
Lyndhurst SO43 7EY Tel. 02380 283895

## **The Sarah Kinsley Fund**

The Sarah Kinsley Fund can assist with the purchase of special equipment or services that are not available from the National Health Service or Department of Education or other statutory body. In order to provide help and support we require a referral from a professional, such as a Doctor, Social Worker, Paediatrician or Educationalist who knows the child and understands their specific needs and requirements. All possible avenues of statutory funding should already have been explored and exhausted. [www.sarahkinsleyfund.org.uk](http://www.sarahkinsleyfund.org.uk)

## **The Hampshire & Isle of Wight Community Foundation**

We are local people committed to helping our voluntary and community groups to support disadvantaged and vulnerable people across the county. To our fund holders we offer a professional grant making service which is both easy to use and cost-effective, converting a philanthropist's gift into an investment in the community, now and for years to come. To find out about current funding streams visit [www.hantscf.org.uk](http://www.hantscf.org.uk)

**Community First New Forest** can help you search for funds and grants for your organisation. If you would like some help and support with funding or making grant applications contact Debbie Grace at [debbie.grace@cfnf.org.uk](mailto:debbie.grace@cfnf.org.uk) or Tel. 01425 482773

As a charity, you know better than anyone how tough it is doing incredible things on a shoestring budget. But did you know you could drum up even more volunteers and donations through social media, video and other online tools?



To tell you more, Google has teamed up with Media Trust and Technology Trust to launch [www.growyourcharityonline.com/uk](http://www.growyourcharityonline.com/uk). There are stacks of free tools to try, and you could even get extra support from Google Grants. Better still, you don't need to be a computer whiz to start seeing results. How web-wise is your charity? They will create a free report full of ideas your charity can try online. Simply fill out a few details and they will email it to you.

## Community First New Forest offers a range of training courses for the voluntary sector

From Autumn 2014 the following courses will be on offer:

- Committee Skills
- Trustee Training
- Lone Working
- Mental Health Awareness
- Social Media
- Recruiting & Retaining Volunteers
- Working with Young Volunteers
- Basic Budgeting
- Dementia Awareness
- Introduction to Welfare Benefits
- Funding Workshop
- Business Planning

Why not visit us on Facebook at:

[www.facebook.com/CommunityFirstNewForest](http://www.facebook.com/CommunityFirstNewForest)



or twitter @CFNF2

# COMMUNITY TRANSPORT

Transport solutions for the  
New Forest including Call & Go,  
Wheels 2 Work moped loan scheme, minibus hire  
and MiDAS training. Volunteers always needed.

Email: [transport@cfnf.org.uk](mailto:transport@cfnf.org.uk)

**Booking Line: 0845 6024326**

# COMMUNITY DEVELOPMENT

Community development supports and promotes the  
development of an effective and sustainable voluntary  
and community sector. We can visit you, provide  
one-to-one support, offer funding advice and offer help in  
identifying training needs and where to access training.

**Tel: 01425 482773**

Email: [cdmanager@cfnf.org.uk](mailto:cdmanager@cfnf.org.uk)

# HOME SUPPORT SERVICE

Offers personal care and additional support  
(shopping/outgoings/domestic help) to older people and  
adults with physical disabilities living in their own homes.

**Tel: 023 8066 7080**

Email: [homesupportmanager@cfnf.org.uk](mailto:homesupportmanager@cfnf.org.uk)

# HOME IMPROVEMENT AGENCY

A non-profit agency which helps the elderly, the  
disabled and those living on a low income, to remain  
independent in their own homes.

Funding • Adaptations • Improvements  
Help in finding a suitable contractor

**For further details or a friendly chat to see if we can  
help, please phone 01425 478005.**

Email: [hiamanager@cfnf.org.uk](mailto:hiamanager@cfnf.org.uk)

# Community Support for older people

**We can help you:**

- Arrange any care needs/home help
- Provide benefits advice
- Provide a home safety check
- Arrange a community alarm
- Organise home repairs/adaptations to your home
- Access local social groups and events
- Arrange community transport

**Tel: 01425 478005**

**email: [hia.manager@cfnf.org.uk](mailto:hia.manager@cfnf.org.uk)**

# Nightstop

We provide temporary accommodation for homeless  
young people. Nightstop has a team of trained  
volunteers who provide a room and meals for  
between 1-5 nights. Agencies (not young people  
themselves) can ring the Co-ordinator who will  
contact host families to request their help. Nightstop  
also has a team of drivers and support volunteers.

**Tel: 01425 478391**

Email: [nightstop@cfnf.org.uk](mailto:nightstop@cfnf.org.uk)

# Volunteer Centre

At the Volunteer Centre we promote and support  
volunteering. The VC recruits potential volunteers from  
all sectors of the community and seeks to place them  
with voluntary organisations who are actively  
looking for volunteers to assist with their work.

We also offer advice, information and training to  
voluntary groups using or considering using volunteers.

**Tel: 01425 482773**

Email: [vol.bureau@cfnf.org.uk](mailto:vol.bureau@cfnf.org.uk)

# Community First New Forest

## Our Vision

An excellent quality of life for everyone living  
in the area served by CFNF.

## Our Mission

To identify the needs of local people and meet those  
needs through sustainable solutions; and  
To support and promote the effective development  
of the local voluntary and community sector.



[www.facebook.com/CommunityFirstNewForest](http://www.facebook.com/CommunityFirstNewForest).



@CFNF2

Archstone House, Pullman Way, Pullman Business Park  
Ringwood, Hampshire BH24 1HD

Registered charity no. 1068964 Registered company no. 3483827

