Community First New Forest

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News

Wheels to Work 10th Anniversary
The Wheels to Work Hampshire scheme. The scheme is for people aged 16 - 25 in the New Forest and Test Valley and 16+ in Winchester and East Hampshire who have difficulty accessing public transport, to enable them to access employment opportunities or vocational training. A moped can be loaned for 3 to 12 months depending on circumstances. The anniversary will be marked by a week-long series of social media events culminating in a get together of current hirers for tea and cake.

Over the ten years, the scheme has hired mopeds to 380 people. Of those who were job seeking, 80% were able to secure work because they had reliable transport.

Community First New Forest provides this service thanks to generous funding from Hampshire County Council, East Hampshire District Council, Winchester City Council and New Forest District Council.

The scheme enables young people to be independent, earn an income or complete their training and has a significant impact on their lives. Sue Ward, New Forest Co-ordinator said “It's been heart-warming seeing people grow in confidence and actually change their lives.”

In the words of a grateful hirer “Best way to get around! I was working in a location that it was hard to get to via public transport and I heard about Wheels to Work through a friend. They told me how easy the process was, and it really was. I only needed a provisional driving licence, guarantor and an £80 deposit. I was amazed at the fact I could rent a moped for just £20 a week which included my CBT test, service, insurance, tax and breakdown cover. Picking up the bike was really exciting as I had never been on the road before. It gives people a real sense of freedom which is great. I would highly recommend this scheme.”

For more information about the scheme and how to apply Tel. 01425 482773 or visit www.cfnf.org.uk/wheels-to-work.

A new code of fundraising practice: what you need to know (and do)
Institute of Fundraising, Source: Action Hampshire
Policy and Information Officer, looks at what fundraisers need to do next. The new Code is divided into three sections:

- Standards which apply to all fundraising
- Standards which apply to Working with Others
- Standards which apply to Specific Fundraising Methods

You will also notice that the language throughout the Code has changed – the Fundraising Regulator went through a process to try and make it as easy to read and accessible as possible. For the summary and full details of what you need to know click [here](#).

**New Countywide Dementia Advisor and Carer Support Service**

This new service will be provided by Andover Mind from 1 September. It will support all carers and people living with dementia by providing information, advice and one-to-one support and will facilitate support groups across the county. In the New Forest It will replace dementia advisor services currently provided by The Alzheimer’s Society. Queries about the new service can be directed to Andover Mind, [enquiries@andovermind.org.uk](mailto:enquiries@andovermind.org.uk), Tel. 01264 332297

**Helping people with dementia to keep on doing the things they love**

*It takes two to tango. Sign up for Side by Side and get dancing. And jogging. And chatting. And smiling.*

**What is Side by Side?**

Side by Side is a service to help people with dementia to keep on doing the things they love – and try new things too! They meet up with a volunteer, decide what they’d like to do, and do it together.

Side by Side is available in a range of places in England, Wales and Northern Ireland.

**Over the phone**

The Side by Side service is also available over the phone. The person with dementia and the volunteer can chat over our free telephone line. Together they decide what is best for them and we sort the rest.

`John still has a lot to offer the world and I want to help him always feel part of it.`

Side by Side volunteer

**Find out more**

To find out if Side by Side is available near you:

W: alzheimers.org.uk/sidebyside
T: 0330 333 0804
E: volunteers@alzheimers.org.uk

Alzheimer’s Society operates in England, Wales and Northern Ireland. Registered charity number 266003.”

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Calling all cancer patients or carers
Your views on your experience and engagement with services can help inform the NHS Long Term Plan. Email wessexvoices@helpandcare.org.uk c/o Annie Dimmick by Friday 16 August.

Welfare Benefits and Tax Credits Handbook
CPAG’s definitive guide to the social security system and an essential resource for all advisers who are serious about giving the best and most accurate advice to their clients. Welfare Benefits and Tax Credits Handbook and Benefit and Tax Credit Rates Charts and Posters. Helpful wallcharts give quick and easy access to the benefit and tax credit rates for 2019/20, including universal credit.

Child Support Handbook
CPAG’s recently published Child Support Handbook is filled with practical examples and tactical tips for dealing with the Child Maintenance Service. The book is fully indexed and cross-referenced to the latest legislation and caselaw.

Free expert advice for your organisation
Ethical Angel is a free resource that you can use to find expert volunteers to help you develop strategies, problem-solve or offer advice. Over 800 charities have joined the organisation, including Shelter, Cancer Research UK, Missing People, Scouts, Age UK and Helping Rhinos. How to use it:
1) Simply sign up through its website and build your online profile.
2) Post an opportunity for a "call with an expert to help me with ..." - this could be social media / HR / Marketing /finance" or whatever you need.
3) Receive advice, help and skills from our community of volunteers.

Harry Potter star Emma Watson launches free workplace sexual harassment helpline
How will a helpline ease the crisis of sexual harrassment within the workplace? Read more.

Whether you’re a large charity, single donator, group, school, fundraiser or company, sign up today and start making a difference!
Free photos for your publicity materials
This link from Charity Connect Stockcare bank provides a list of sites that provide mostly free from copyright images.

Help and guidance for people looking to fund care
The Wealth Care Partnership works in conjunction with Sussex County Council, Carewise and AGE UK Sussex and handles their referrals for people who have above the £23,250 threshold for Local Authority Care Fees Funding.

Events

Brendoncare Kurling Clubs
Clubs in the New Forest

A popular game for men and women of all ages and abilities. Come along and try something new! Get fit, have fun and make new friends.

**New Milton**
- **2nd and 4th Wednesday** 2pm to 4pm
- St Mary Magdalene Church Hall, Church Lane, New Milton, BH25 6QL

**Ringwood**
- **Wednesday** 1.30pm to 3pm
- Greyfriars Community Centre, 44 Christchurch Road, Ringwood, BH24 1DW
- **Saturday** 10.30am to 12pm
- Quaker Court, Enyon Road Mews, Ringwood, BH24 1EW

**Lyndhurst**
- **Saturday** 2pm to 4pm
- Lyndhurst Community Centre, Main car park off the High Street, Lyndhurst, SO43 7NY

*First session FREE then £3, including refreshments.*

*New club members and volunteers always welcome*

For more information:
- **Telephone:** 01962 857099
- **Email:** clubs@brendoncare.org.uk
- **www.brendoncare.org.uk** Registered charity no: 1091384
- **Peace of mind**

**Summer Activities in New Forest**

(call us today 01425 653263)
Training

**Affordable training courses tailored to you**

Community First New Forest offers training sessions to members, community groups and organisations, as well as individuals. In most cases there will be a charge for the training, but if you become a member this will be offered at a reduced rate. We can sign post on to further training or development opportunities. We are always interested to hear of new courses or arrange different subjects to be introduced to the programme. Training may be on an informal basis, for example, a one to one session, or it can be for a large group. Examples include:

**Lone Working**

This workshop covers the following topics:

- Lone working - the law and the responsibilities of both employer and employee.
- Risk assessment - identifying and assessing risk.
• Home visits - best practice for safety while conducting home visits.
• Understanding aggression - including recognising the early warning signs.
• Conflict management - including physical and verbal de-escalation and defusion techniques.
• Post incident support - reporting and the responsibility of employer and employee.

**Trigger Tool training**
Free training for anyone who has contact with people in their homes or in other situations in their professional or voluntary role. You can now access Trigger Tool training at [http://www.hants.gov.uk/elearning/trigger-tool/presentation_html5.html](http://www.hants.gov.uk/elearning/trigger-tool/presentation_html5.html)

**Funding Workshop**

• Are you aware of different sources of funding?
• Do you know what makes a good application?
• Where can you get help?

Come to this workshop learn the answer to these questions and about ways of approaching funders and which funding would be most appropriate for your cause.

**Trustee training**

Find out what information you need as a trustee and what your legal responsibilities are. This session will provide you with a comprehensive summary including:
• Trustees’ duties, responsibilities and potential liabilities
• Governance
• Financial Management
• Safeguarding

Booking conditions can be found at [www.cfnf.org.uk](http://www.cfnf.org.uk), Tel. 01425 482773, [debbie.grace@cfnf.org.uk](mailto:debbie.grace@cfnf.org.uk).

**Safeguarding adults**

Level 2 Award in Safeguarding Adults
The qualification introduces the key principles associated with safeguarding adults at risk. Learning aims:
• Demonstrate essential characteristics related to effective reporting in relation to abuse.
• Show awareness of local and other relevant policy related to safeguarding.
• Consider your role in relation to prevention of abuse.

Date: Tuesday 20 August, Time: 9.30am – 1.30pm
Venue: Winnall Community Centre, Garbett Road, Winchester, SO23 0NY
Price: Free to attend, but if you cancel your place within 2 weeks or do not show on the day the cancellation fee is £25. Assessment: At the end of the day there will be a short multiple choice exam to take. Please bring photo ID with you to take this exam, or contact the centre if this will be an issue for you. Book a place online now

**Gentle Chair Based Exercise, Level 2, 10am-5pm**

This course shows you how to create, adapt and deliver a safe chair-based exercise session for older people living in care settings. The sessions throughout the day are very practical, simple to understand, and easy to apply on the care floor. The course looks at physical changes as we age, health and safety considerations including risk assessment and different exercises for different chronic conditions. By the end of the course delegates will have the knowledge to understand:

• The physical changes that happen as we age. The effect these have on people and the role of functional exercise in alleviating some of these affects.
• The health and safety considerations required to keep the resident, exercise leader and organisation safe.
• A complete range of safe, easy exercises allowing you to create over 100 different exercise sessions for all abilities.
• How to create your own safe programmes from scratch quickly.

How to create and adapt exercise sessions for those with:

• Dementia, Parkinson’s disease, Stroke, MS.
• Heart conditions, COPD, cancer, arthritis.
• Diabetes, epilepsy, hip and knee replacements.
• Huntington’s disease, mental health problems, bed bound.
• The course is designed for individuals who work or volunteer with older people in residential and nursing homes, sheltered housing and day centres.

A certificate is issued upon completion of the course. Tel: 01245 357 132, sales@thctc.co.uk, www.thctc.co.uk.
Covenant Fund workshops

Thursday 1 August 10.30am - 1pm Aldershot Library
Friday 27 Sept 10.30am - 1pm Fareham Library
Monday 28 Oct 10.30am - 1pm Falcon House, Winchester

Topics:
• The Armed Forces Covenant
• The Covenant Fund and what makes a good Covenant Fund application
• Our local armed forces communities.
• Other funding options for local projects
• Hear from local projects that have been funded by the Covenant Fund.

If people are interested in attending a workshop, email armedforces@hants.gov.uk to reserve a place.

Vacancies

Youth Advisor, It’s Your Choice

Full time, 37 hours, a potential for part time hours to be discussed up to 30 hours.
New Forest Area, Salary: £21,935 per annum (pro rata).
Office Location: The New Forest and surrounding area.
If you are interested visit www.iyc.org.uk for further details and recruitment pack and return to jackie.griffin@iyc.org.uk. Closing date: 22 August, Interviews 3 and 4 September.

Care Navigator roles, services focus primarily on older patients

22.5 hours in Ringwood, 22.5 hours in Fordingbridge and 37.5 hours in Totton/Testvale.
The vacancies are live on NHS jobs site.
https://www.jobs.nhs.uk/ix/vacancy/?vac_ref=915698783 – full time post
(although we would happily consider a job share)
https://www.jobs.nhs.uk/ix/vacancy/?vac_ref=915690844 – part time posts

Young Carers Activities Project Worker

£16835 (FTE) per annum 18 hours per week + pension scheme and work life support. Eastleigh Young Carers Project is seeking an enthusiastic person with a passion to supporting Young Carers aged 8 – 18 years. Closing date 19 August, Interview date 28 August. If you are successful a second interview will be held on 10th September in the evening. http://1community.org.uk/about-
Volunteering

Could you join Home Start’s force of amazing volunteers?
Supporting families who are feeling overwhelmed. Home-Start is looking for home-visiting volunteers to support parents as they grow in confidence, strengthen their relationship with their children and widen their links with the local community. Contact vol.bureau@cfnf.org.uk, 01425 482773 or register your interest at https://www.cfnf.org.uk/opportunity/?slug=home-visiting-volunteer-9433&id=9433

Simon Says is seeking a Treasurer
Simon Says provides support for bereaved children up to the age of 18 at monthly support groups. The groups provide an opportunity for children and young people to spend time with others who have had similar experiences. Groups are themed and activities/group work sessions are organised by our volunteers. Click here for more information. https://www.cfnf.org.uk/opportunity/?slug=fundraising-volunteer-9447&id=9447

Funding

The Nineveh Charitable Trust
The objectives of the Trust are to support

- The health, welfare and education of the general public.
- The study and appreciation of agriculture, silviculture, ecology and land management.
- The study and appreciation of land and estate management that encourages conservation of the countryside.

Your funding proposal should be no longer than 2 double-sided pages, carefully worded, justifying your request in relation to its objectives. It prefers to pay grants to UK registered charities or Community Interest Companies. Individual applicants may be considered if the outcome benefits are clearly defined. www.ninevehtrust.org.uk/how-to-apply/

The CriSeren Foundation
Building on the CriSeren Group’s background in Venture Capital and Private Equity it takes an
non-financial support both to organisations it has a funding relationship with, and those it doesn’t. The majority of this support is provided by its Director, Chris Llewellyn. What is provided depends on the particular organisation’s context. Past examples include:

- Help with the development of business plans.
- Assistance with restructuring and recruitment for trustee boards.
- Made introductions to other appropriate funders.

Grants are awarded to UK registered charities and other socially purposed organisations. The Foundation tends to support organisations with an annual income between £50,000 and £500,000. The Foundation does not normally fund organisations which primarily work overseas or support animals. Because the Foundation is hands-on in its activities, it tends to support organisations based in the South East and London. [www.criserencfoundation.co](http://www.criserencfoundation.co)

**The Hendy Foundation**

It provides support where it is needed most, by giving independent grants to local projects, people, events and charitable organisations. Whether it’s providing funding to an education project or giving a grant to a health centre, it aims to make local areas better places for us all to live in. Caring for its local communities underpins everything it does as a foundation. Projects big and small, from the east coast of Kent to the most southerly point of Devon, it carefully considers each and every request. It assesses submissions on a quarterly basis and carefully considers all requests before responding accordingly. If you wish to apply for a grant from Hendy Foundation, click here to complete the online application form. Applications are open to all within the areas in which Hendy Group operate in the South of England. [www.hendyfoundation.org](http://www.hendyfoundation.org)

**The Stanley Smith (UK) Horticultural Trust** offers grants of up to £5,000 (average grant size £3,000 – £4,000) to charities, community and voluntary organisations and institutions for projects that meet the objectives of the Trust:

- to promote horticulture.
- to promote the conservation of the physical and natural environment by promoting biological diversity.
- to promote the creation, development, preservation and maintenance of gardens (preference will normally, but not exclusively, be given to gardens accessible to the public); and
- the advancement of horticultural education.

The Trust does not support applications that are primarily for social welfare, socio-economic development or physical or mental welfare but this does not exclude legitimate horticultural
Inman Charity
The directors are particularly interested in supporting the following areas of charitable work:

- Medical research.
- Care of the elderly.
- General welfare.
- Hospices.
- The Deaf and Blind.
- Care of the physically & mentally disabled.
- The Armed Forces.

If you are a charity working in any of these fields and would like to request financial assistance, read the Application Guidelines. Directors' Meetings are held in April and October each year.

www.inmancharity.org/#Application_Guidelines

Chapman Charitable Trust
A UK grant-giving charity focused on organisations which promote physical and mental wellbeing, conserve our natural environment, and increase the accessibility of the arts. It focuses new grants on charities:

- promoting physical and mental wellbeing.
- conserving our natural environment and promoting the sustainable use of resources.
- increasing the accessibility of the arts, especially for young people.

It prefers to support charities which address the root causes of problems. Most of its grants are £1,000 or £2,000. www.chapmancharitabletrust.org.uk/guidelines

The Sarah Kinsley Fund
The Sarah Kinsley Fund can assist with the purchase of special equipment or services that are not available from the National Health Service or Department of Education or other statutory body.

www.sarahkinsleyfund.org.uk

Community First New Forest - can help you as an individual or as an organisation source funding. If you would like to find out more contact Debbie Grace 01425 482773
**Lloyds Enable grants** offer up to £15,000 for charities that work with people aged 17 and over, experiencing complex social issues. Applications close on Saturday 31 August. [Read more.](#)

**The Times 2019 Christmas Appeal**
rewards three or four charities with valuable column inches and online video publicity over the Christmas period. Closes 16 September. [Read more.](#)

**GSK IMPACT Awards** support health and wellbeing charities with grants ranging from £3,000 to £40,000. Closes 23 September. [Read more](#)

**The Heritage Horizon Awards** are supporting innovative and transformational heritage projects in the UK with grants of £5 million and more. Closes 11 October. [Read more](#)

**The Carers Innovation Fund** is a £5 million pot set up by Government to help finance innovative ways of supporting unpaid carers. Closes April 2020. [Read more](#)

A **Government housing grant** scheme is offering grants of £10,000 to £50,000 to support organisations providing discounted homes for younger people and families. Closes 31 March 2022. [Read more](#)

The **Rural Community Energy Fund** is a funding scheme to support rural communities across England wanting to set up renewable energy projects in their area. [Read more](#)

Opening in autumn is a new **Climate Action Fund**, with £100m of National Lottery funding to support activities that tackle climate change. [Read more](#)

**Hampshire County Council 0-19 Children’s Services grant** round for 2020-2021 is now open and will close on 11 September 2019 at 12 noon. Applications will be invited that are focused on the overarching priority of Targeted Group/Detached Youth Work and bids will be required to show partnership working with other agencies. Themes to be encompassed by the above priority are as follows:
• Child Sexual Exploitation.
• Cyber Safety.
• Alcohol/Drug Misuse.

The timeline for grants:
31 July 2019 – grant round will open on In-tend
11 September 2019 12 noon – grant round closes
October 2019 – evaluation period
January 2020 – Decision made
April 2020 – Implementation

https://www.hants.gov.uk/community/grants/grants-list/0-19-children-service-grant Application can be made via the Council's procurement system.

**Hampshire Old Industrial & Reformatory Schools** provides grants of up to £500 for those who have been in care with Hampshire County Council and are seeking further education. The fund aims to help the development of 18-25 year olds who can demonstrate that they wish to study to the standard of A’ Level, BTEC, NVQ3, Higher Education or Degree level qualifications etc. The grant will cover items such as course equipment or driving lessons where a person has suitable qualifications and the use of a vehicle is essential in obtaining work. Apply before 23 August 2019 at [www.hiwcf.com/grants/](http://www.hiwcf.com/grants/).

**Dayas Music Scholarship** awards grants of up to £600 to enable musicians to undertake studies or projects in connection with composition, conducting, instrumental performance, singing etc, particularly for older individuals in Hampshire, Portsmouth and Southampton. Grants will cover tuition costs allowing musicians to progress their abilities, particularly where this will benefit the community such as performances in hospitals or schools, or at other community events. Apply before 23 August 2019 at [www.hiwcf.com/grants/](http://www.hiwcf.com/grants/).

**Michael Austin Harlick Sports Awards**
Grants of up to £1,000 are available to organisations providing sporting opportunities for young people of school age in Hampshire, Portsmouth and Southampton. Acceptable projects include the purchase of challenge cups, shields, medals and certificates for sporting competitors. Apply before 23 August 2019 at [www.hiwcf.com/grants/](http://www.hiwcf.com/grants/).

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